



You may be asking yourself why are movie stunt pictures on the back cover of a cookbook. Thanks in part to my husband, who is a movie stunt pilot, this book contains a touch of Hollywood.

He informed me that some of his many stunt friends loved to cook and might have some interesting recipes that my readers would enjoy. I was pleasantly surprised when recipes from these very busy stuntmen and stuntwomen began pouring in.

My second cookbook now had a new and hopefully interesting twist. For your reading enjoyment, I have included a short biography on each stunt person along with his or her recipe.

Since the publication of my first book, I again had the opportunity to spend some time with the late Julia Childs. I had the pleasure of speaking with her and she was kind enough to offer advice and insight on the writing of this book. I will be forever grateful for her kindness and help.

I hope you will enjoy reading and using my new book with over 400 recipes and tips as much as I have enjoyed bringing it to you.

Bon Appétit!